

ACADEMY PARTICIPATION GUIDELINES

UPDATE AUGUST 27,2020

This update supersedes any conflict with previous guidelines. Changes are found under #6 and #7.

Under Illinois guidelines, categorization of dance has gone through numerous changes and now, with the latest update of Phase 4, dance has been subdivided into two categories. Competitive dance performing in front of judges and meeting other competitors, and Dance classes with an end of season performance all within the same studio. Competitive dance falls under Youth Sports while Dance falls under Health and Fitness guidelines. As we are currently operating in studio, our guidelines come from the category of Health and Fitness.

1. No one may enter without health screening, hand sanitizing and temperature check.
2. Non-participants will not be allowed to stay in the building.
3. If you experience COVID-19 symptoms, stay home - notify the Academy. Return requires no fever for 72 hours, improved symptoms, at least 10 days has past since first symptoms. ***Symptoms include fever or chills, cough, shortness of breath, fatigue, unusual body aches, new loss of taste or smell, sore throat, congestion or runny nose, nausea, diarrhea or vomiting.***
4. Arrive dressed for class, there is no use of changing rooms.
5. Students (of appropriate age) will clean equipment used such as barres or chairs before and after use. A simple wiping with provided items.

6. If at least 6 feet apart during activity, face coverings are not required. For all Academy classes, to ease difficulty in monitoring all scenarios, face coverings will be worn at all times. With parental knowledge, a teacher may allow no face covering in lessons of one on one, or small groups of six or less, students at the minimum of 6 foot distance and with students of cooperative age. This number can be modified only with written consent.
7. In Phase 4 some contact is allowed, as in basketball, flag football, volley ball and soccer. If a teacher chooses to allow brief contact, face coverings will be worn since this is within the 6 foot minimum.
8. Continue social distancing. Keep a 6 foot distance whenever possible.
9. Respect the space and equipment used by fellow students.
10. Avoid movement involving contact with others and laying on floors.
11. You must bring your own water, there will be no stations to refill bottles. We will attempt to keep bottled water available for purchase.
12. Eating. Preferred you do so outside if possible and practical. If inside, maintain social distancing, lay down a clean cloth or paper towel to eat off of. No sharing of food.
13. Restroom use will be regulated.
14. Not following these guidelines or lack of cooperation with other rules or Academy staff could result in request to sit out of activities or leave.